

A Village on the Move

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CRESTWOOD ADVISER

6044Crestwood: The Time Is Now

By now you should have received a very important piece of mail in your mailbox. It’s a survey conducted by the United States Postal Service to determine whether or not Crestwood requires its own ZIP code. As a resident of the Village of Crestwood, this survey affords you the power to cast a vote on behalf of your community and its future. For decades now, Crestwood has shared its ZIP code with that of Midlothian — along with the attendant utility taxation that Midlothian places on its citizens’ bills, for which Crestwood residents receive nothing.

This is just one of the situations that the 6044Crestwood initiative — spearheaded by Mayor Lou Presta and Trustee Theresa Flynn — seeks to address. Implications of the existing combined ZIP code also include inaccuracies with regard to property tax bills, as well as homeowner and automobile insurance premiums. Data for the Census Bureau and for the Centers for Disease Control have been skewed. Major retailers who ask for your ZIP code when making a purchase are misled, with the possible result that their future marketing plans may in fact be based on false information.

What can we, as citizens of Crestwood who each have a stake in every one of these issues, do to help the situation? What is the number one thing we can do right now to help ourselves and our community? *Promptly fill out that survey and send it back to the USPS no later than Feb. 13th.* By doing so, we will help Crestwood to take a step forward. If Crestwood, as a community, fails to take the initiative to move in this direction of prosperity, it will have missed out on what Commissioner Joan Patricia Murphy, at the ZIP code meeting with the USPS, referred to as “a chance of a lifetime.”

Other, smaller townships have received their own ZIP codes in spite of having fewer delivery points and, indeed, some have not met all of the criteria required for a community to receive its own ZIP code. At this point, all we are seeking is our own ZIP code. Whether or not a distinct postal facility will be required may be determined in the distant future. But now is the time to fill out the survey so that Crestwood can ensure its best position for future growth.

Crestwood has weathered the tumult of the challenging economy and is poised to emerge as a stronger, more robust community revitalized with a vision for our prosperity and success. Establishing our own ZIP code will give us the distinction of emerging out from the shadow of Midlothian and seek proper representation as a market, as a community and as the individual citizens of this place that is a part of who we are — the Village of Crestwood.



ZIP Code Survey Reminder

Crestwood residents should have received a ZIP Code Survey in the mail in the third week of January. Please fill out and mail back the ZIP Code survey by Feb. 13th. Survey results will be announced by the USPS by the first week in March.



Focus on Cardiovascular Health in American Heart Month

A popular symbol of love, which is particularly celebrated on Valentine’s Day, is the heart. The heart is celebrated more literally throughout the month of February, however, with American Heart Month, which sheds light on the No. 1 killer of men and women in the country: coronary heart disease. Love your family, friends and yourself through learning more about the risk factors and prevention measures.

“Heart disease” refers to several types of heart conditions and disorders of the heart and blood vessels. The most common type in the United States is coronary heart disease — also known as coronary artery disease — in which plaque builds up inside the coronary arteries, which supply oxygenated blood to the heart muscle. The U.S. Department of Health and Human Services’ National Heart, Lung, and Blood Institute states that if the flow of oxygen-rich blood to your heart muscle is reduced or blocked, angina (chest pain or discomfort) or a heart attack can result. Without quick treatment, a heart attack can be deadly.

The Centers for Disease Control and Prevention (CDC) states that many heart disease deaths could have been prevented through healthier habits and better management of conditions such as high blood pressure and diabetes. Other controllable risk factors for the disease include diet, exercise, tobacco use, and high cholesterol. A prevention plan involves many facets, which are all helpful for combating the disease. Since there are a lot of steps involved, it may help to have a “health buddy” to accompany you on the journey toward better health. According to the CDC, it is important to get a checkup at least once each year even if you feel healthy, since health care professionals can check for conditions

such as high blood pressure and diabetes that might otherwise go unnoticed. Also, monitor your blood pressure regularly, since it often has no symptoms. Get your cholesterol checked at least once every five years. Eat a healthy diet, limiting sodium intake, saturated fat, and trans fat; include plenty of fresh fruits and vegetables. Maintain a healthy weight, which can be determined through calculating your body mass index. Exercising regularly can help maintain that healthy weight, lower cholesterol and blood pressure, and improve your mental health as well. Limit alcohol use. For more information, check out the CDC’s “28 Days to a Healthier Heart” tips at www.cdc.gov/salt/healthy_heart_tips.htm. Ingalls, which has a care center in Crestwood, offers a free online assessment that can help determine if you are at risk for heart disease. The assessment is available at www.ingalls.org/Ingalls-Integrated-Heart-Care-Center.aspx.

March 11th - 7pm

There will be a **Town Hall Meeting** on Wednesday, March 11th at 7pm, at our Civic Center. This meeting pertains to the recent surveys by our Recreation Commission returned by residents as to what the needs/wants are in relation to our parks. Surprisingly, there was a high demand for a fishing pond in town, followed secondly by the need and want for more bike and walking trails. These will be discussed at the meeting hosted by the Rec Board with a presentation by our Village Engineer. Please join in and see what good things are coming our way.



Village Hall

13840 Cicero Avenue
Phone. 708.371.4800

Be sure to visit the Village website at:
www.Villageofcrestwoodil.gov

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The *Crestwood Adviser* is dedicated to presenting as much as it can about the Village of Crestwood so that the community can have the information it needs to strengthen and enrich the community of Crestwood.

Our goal is to report the news as fully, fairly and as accurately as possible. Your comments and suggestions are encouraged, by phone or in writing, whether or not you wish such letters to be published.

Under no circumstances will the *Crestwood Adviser* be liable for any misspellings, misprints, or damage caused by a Subscriber's reliance on information obtained. It is the responsibility of each Subscriber to evaluate the accuracy, completeness or usefulness of any information, opinion, advice or other content available through the *Crestwood Adviser*. Please seek the advice of professionals, as appropriate, regarding the evaluation of any specific information, opinion, advice or other content.

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ads@crestwoodadviser.com

Letter from the Mayor

Dear Crestwood Residents:

Be on the lookout for the upcoming survey from the United States Postal Service pertaining to obtaining our own ZIP code for our village. The Post Office will begin mailing the surveys on Jan. 31st.
Surveys must be completed and returned prior to Feb. 13th.

This is a positive call to action by and for residents. **Only you can help make the change.**

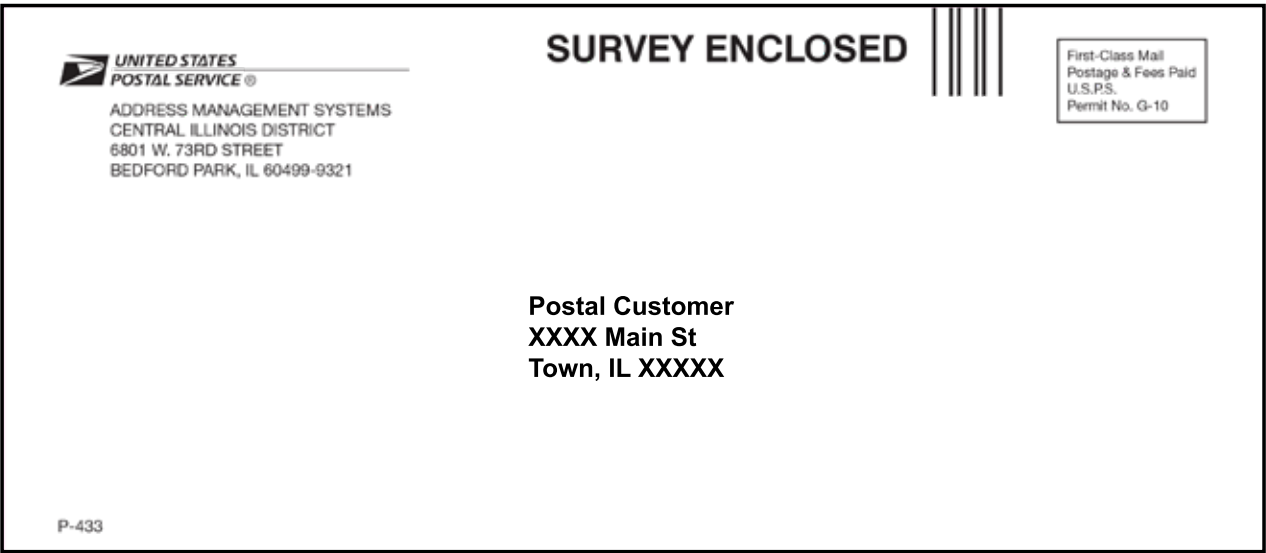
As we've been urging, The Village of Crestwood needs to come out of the shadows of Midlothian. We are Crestwood. Our current ZIP code affiliation with Midlothian results in unfair utility taxes being placed upon on our residents. (We are planning on growing our sales tax base to keep our taxes low.) Home-owner and auto insurance policy rates are impacted by our inclusion in the Midlothian ZIP code area, and the Village is misrepresented in the commercial market. New shops and restaurants mean more delivery points and more business for the USPS. Smaller, neighboring communities have received their own ZIP codes and were not passed over as we have been. The time has come to take action and make our collective voice heard! Doing so couldn't be made simpler: Fill out the survey and return it to the sender — the USPS — immediately after you receive the survey!

In other news, it was my honor to represent the Village of Crestwood and its citizens at the inauguration of Governor Bruce Rauner, Jan. 12th. I have spoken personally to the new Governor and look forward to working with him and his administration, as well as our state legislature, to improve both our state and our village.

Lastly, I want to remind everyone residing in Crestwood that on the 14th of this month, it is once again that special time of year when we show special people in our lives how much we truly care for them. Flowers and chocolates are good; hugs and kisses are better!

Thank you!

Mayor Presta and the Village Board



Village Meeting Schedule

Village Board Meetings - 8:00pm-10:00pm

Crestwood Civic Center | 14025 Kostner Ave | February 5th and 19th

Committee of the Whole - 7:00pm-9:00pm

Village Hall | 13840 S. Cicero Ave | February 3rd and 17th

Planning Commission – Zoning Board 8:30pm-10:00pm

Village Hall | 13840 S. Cicero Ave | February 9th and 23rd

Recreation Commission - 6:30pm-8:30pm

Village Hall | 13840 S. Cicero Ave | February 11th and 25th



SAVE THE DATE EASTER EGG HUNT

When: April 4th, 2015
Where: CAESAR’S PARK
(Kenton & 142nd)
Time: 11:00am

The Recreation Commission will be sponsoring the annual Easter Egg Hunt at 11am on Saturday, April 4th at Caesar Park. More information to follow can be found on the Village website and Facebook.

Public Works

The Village has recently become the recipient of a \$360,000 grant for infrastructure on road repairs. Engineering work has begun on Springfield Ave, 136th St and 137th St. is the top priority for serious restoration. This grant was made possible through a DECO fund.

Great job by our Public Works team in locating and repairing the major water leak at 137th and Cicero. A large boulder underground sat upon our main and caused damage with the constant friction and vibrations.

Design plans are finished with the MWRD on the Tinley Creek flooding project. It is expected to go out for bid in early spring with plans to commence immediately following. This is the project anticipated to remove over 178 homes from a flood plain.

Village of Crestwood is going to begin the dirt removal as soon as possible. They have reached an agreement and have a permit with MWRD to remove the dirt piles. Mayor Presta has been working hard to find different groups who are interested in receiving large portions of the dirt piles. Bill Graffeo and Kevin McAuliffe will be overseeing this project along with the help from Public Works. If things go as planned, their first 100,000 tons of dirt will be shipped off in the first week of February. Mayor Presta is hoping to have all of the dirt removed within a year so that the new commercial project on the east side of Cicero and Cal-Sag can begin.

Public Works is also taking on remodeling projects in Village Hall and in the Crestwood Civic Center. Hopefully these projects will be completed by this spring.



Save the Date: Take Your Child to the Library Day

This February 7th, the Crestwood Public Library will join in the fourth annual nationwide celebration of Take Your Child to the Library Day, which raises awareness of the importance of libraries in childhood. The Crestwood Public Library will present The Melikin Puppets and their “Show on the Road” production of “Slightly Fractured Fairy Tales” at 1pm. Tickets are limited for this award-winning show, and they can be picked up at the front desk. Chess club will also be available from 12pm to 1pm and a drop-in craft from 10am to noon. There will also be a table for applying for library cards. Children over 5 years old can receive their first library cards for free. Parents must bring proof of residency and photo ID. The Crestwood library is located at 4955 W. 135th Street. Call the library at **(708) 371-4090** for more information about this fun-filled day. To learn more about the nationwide initiative, visit **www.takeyourchildtothelibrary.org**.



Crestwood Polar Plunge 2015

On March 7th, residents will have the chance to show what they’re made of and prove their commitment to Crestwood pride. The Crestwood Police Department, currently the No. 3 top fundraiser in the state for Special Olympics Illinois, encourages all to join in the hearty adventure of the season: the Law Enforcement Torch Run Polar Plunge.

This is the fifth annual turnout for the Crestwood team, aptly named the Crestwood Copsicles. The event will be held at the Manteno Sportsmen’s Club. The busload of participants and its caravan will leave the police station at 11am on that Saturday and return around 4pm. Though riding on the bus isn’t obligatory, it makes for even more fun.

Polar plungers under 18 must have a waiver signed by a parent. It’s all about the new members, so sign up today at **plungeillinois.com**, or donate via **soill.donordrive.com**.



2015 Vehicle Sticker Application Update

The deadline for displaying the 2015 vehicle sticker is Feb 28th. Though you still have plenty of time to purchase a sticker, it is highly encouraged to do so now to avoid a last-minute rush and to ensure compliance before the deadline. Remember that stickers must be displayed on the vehicle by March 1st, or you can expect to receive a ticket. All vehicles domiciled within the corporate limits of the Village of Crestwood are required to display a vehicle sticker. While the cost of timely compliance is very reasonable, the penalty fee for late display plus the ticket could be rather expensive. You can purchase your vehicle sticker at the Crestwood Village Hall Monday-Friday from 9am-4pm. The offices are also open Tuesday evenings from 6-9pm. Be sure to bring the pre-printed form that you should have received by mail.

Late penalties will be applied March 1st. Transfer from one like vehicle to another is \$5.00.

Recreational Vehicle (RV Plates)

\$ 10.00 | Late fee - \$10.00

Motorcycle, Moped & Scooter

\$ 5.00 | Late fee - \$5.00

School Bus Class A

\$ 20.00 | Late fee - \$ 10.00

School Bus Class B

\$ 30.00 | Late fee - \$ 10.00



TRUCKS

“B” Plate

\$ 15.00 | Late fee - \$ 10.00

“D-F” Plate

\$ 20.00 | Late fee - \$10.00

All Other Plate classifications

\$ 30.00 | Late fee - \$10.00

Passenger Cars

\$ 10.00 | Late fee - \$10.00

Senior Citizens 65 & Older

\$5.00 | Late fee - \$5.00

Notice on Snow Removal

In preparation for the coming months, we would like to emphasize the fact that each resident needs to contain snow on their own property and not relocate it onto our village streets. This applies to all residential, commercial and industrial buildings. As a matter of fact, Crestwood’s Village code not only prohibits this, but will assess a fine if you are cited for this violation. Judging by the telephone calls that we receive each year, pushing and blowing snow on a recently cleaned street erases the work done by our public works department and is inconsiderate to your neighbors. Crestwood has over 26 miles of streets to plow and the workers cannot keep coming back because of some careless individuals. Consider this a second warning to those who don’t comply and receive a ticket from our police department. Winter weather can be most difficult and we don’t need to compound the problem. Make sure your vehicles are off the street after a one-inch snowfall and, of course, do not blow or plow snow onto our thoroughfares.

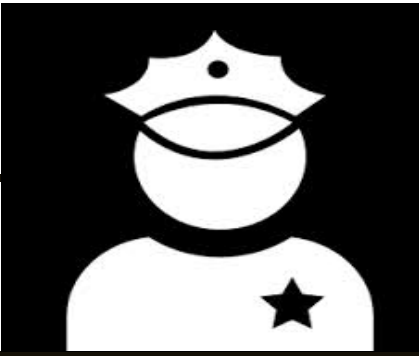
Garbage and Refuse Collection

It is very important that residents make themselves aware of important ordinances in the Village.

Please be aware that garbage cans are not to be taken out until 6pm the night before pickup and removed from the curb side by 8pm on day of collection. This is not always the case for many. The Village Trustees have instructed the Police Department to enforce this ordinance. A warning will be issued for the first offense and a ticket will be issued on the second offense. A neon green sticker will be placed on your can as a warning. Please be aware this will be your one and only warning before a ticket is issued. Our goal is to keep our Village a beautiful and proud place to live. With your help we can achieve this.

We Watch, We Call!

Mayor Presta and the Board of Trustees have heard the requests of many to report crimes in our Village. Working with our Police Department, a compiled snapshot of a month’s reporting will be shown here in the Adviser. Our intent is to inform the public in order to protect and be vigilant in calling upon our Police. The Mayor urges all to stay tuned-in to your neighbors’ well-being and property. Call our police, report suspicious activity, be aware. (911 or Dispatch non-Emergency 708-385-5131).



Burglary/Robbery/Battery

12-07-2014: Unknown subjects gained entry into a building in the 4700 block of 137th Street. However, it did not appear that anything had been taken.

12-10-2014: Unknown suspects gained entry into a house by forcing open the garage service door in the 140th block of East Laramie Court.

Warrant Service

12-13-2014: A male was arrested in the 4600 block of Cal Sag Road for having an outstanding warrant for burglary.

12-14-2014: A male was arrested in the 141st block of Cicero Avenue for having two outstanding warrants for theft and violation of an order of protection.

12-14-2014: A male was arrested in the 142nd block of Cicero for having an outstanding warrant for failing to appear.

12-18-2014: A subject surrendered himself to the Crestwood Police Dept. for having an outstanding warrant from Crestwood for driving while suspended.

12-19-2014: A male was arrested in the 4600 block of Midlothian Turnpike for having an outstanding warrant for driving while suspended.

12-20-2014: A male was arrested in the 140th block of Kostner Avenue for having an outstanding warrant for identity theft.

12-28-2014: A female was arrested in the 4400 block of 135th Street for having an outstanding warrant for failure to appear.

Deceptive Practice

12-01-2014: A male reported that his identity was used to open up a checking account with Chase bank.

12-06-2014: A resident reported receiving text messages from T-Mobile about her account password being changed. It was discovered that an unknown person in New York was attempting to gain access to the account.

12-08-2014: A female was arrested at First Midwest Bank and charged with financial institution fraud for withdrawing \$1,000.00 in cash while using a fraudulent credit card.

12-08-2014: A resident reported that she was contacted from her employer’s and advised that unknown suspects had used her identity and attempted to file for unemployment.

Thefts

12-03-2014: Unknown suspects removed a backpack that contained a checkbook from an unlocked car in the 5500 block of Parkview Court.

12-08-2014: Unknown suspects removed a basketball and gym bag from an unlocked car in the 5400 block of 128th Place.

12-09-2014: Unknown suspects entered a car and

removed several items, including two GPS units, two work bags, a toaster oven and other miscellaneous items in the 5200 block of Midlothian Turnpike.

12-09-2014: Unknown suspects entered a vehicle and took several items including a Pioneer in-dash radio, a Cobra radar detector and an Apple iPod from the 140th block of Waterbury Drive.

12-09-2014: Unknown suspects entered a vehicle and took several items including a grey wool coat, two DVD players and two brief cases from the 139th block of Leonard Drive.

12-12-14: Unknown suspects stole the spare tire on a vehicle in the 140th block of Kilpatrick Avenue.

12-12-2015: A woman had her wallet stolen from her unattended purse while shopping at Walmart.

12-18-14: A customer at Nonna’s Pizza left her phone unattended at a table and it was taken by an unknown suspect.

12-27-2014: Unknown suspects stole a package from a mailbox in the 5700 block of 129th Street.

12-27-2014: A community church group was having an overnight event at Hollywood Park when one of the members reported an iPhone having been stolen.

Retail Thefts

12-01-2014: A female was arrested and charged with retail theft for stealing \$273.63 worth of merchandise from Walmart.

12-02-2014: A female was arrested at Kohl’s for stealing \$303.00 worth of merchandise.

12-04-2014: A female was arrested at Walmart for stealing \$226.96 worth of merchandise.

12-05-2014: A male was arrested at Walmart for stealing \$119.92 worth of merchandise.

12-06-2014: A female employee of Kohl’s was arrested for under-ringing \$211.00 worth of merchandise to a customer who was later identified as her mother.

12-11-2014: Two females were arrested at Walmart for stealing. The first suspect was stealing \$294.02 worth of merchandise and the second was stealing \$118.47 worth of merchandise.

12-14-2014: A female was arrested at Kohl’s for stealing \$680.92 worth of merchandise.

12-17-2014: An employee of Walmart was arrested for loading \$400.00 worth of gift cards without purchasing the cards.

12-20-2014: A female employee of Kohl’s was arrested for stealing money from her cash register on three separate occasions totaling \$565.00.

12-21-2014: A male was arrested at Walmart for stealing \$110.76 worth of merchandise.

12-23-2014: A female was arrested at Ultra Foods for attempting to steal \$112.91 worth of merchandise.

12-23-2014: A female was arrested at Walmart for attempting to steal \$289.54 worth of merchandise.

12-31-2014: A female was arrested at Ultra Foods for attempting to steal \$24.99 worth of merchandise.

13 people were issued local ordinance citations for retail theft during the month of December.

No License/Suspended Driver Arrest

12-06-2014: A male was arrested at 127th and Cal Sag Road for driving on a suspended license.

12-16-2014: A male was arrested in the 4100 block of 135th Street for driving on a suspended license.

12-19-2014: A male was arrested at 138th and Kostner Avenue for driving on a suspended license.

12-19-2014: A male was arrested at 133rd and Cicero Avenue and issued citations for failure to reduce speed to avoid an accident, driving while under the influence of alcohol, and operating an uninsured vehicle.

12-22-2014: A male was arrested at 128th and Central Avenue and issued citations for driving with a revoked license, driving under the influence of alcohol and driving with a blood alcohol concentration level over .08.

12-23-2014: A male was arrested at 132nd and Cicero Avenue for driving without a drivers license.

Damage to Property

12-06-2014: Unknown suspects damaged a door on the building at Caesar’s Park.

12-6-2014: Unknown suspects broke a window on a vehicle in the 3900 block of 137th Street.

12-7-2014: Unknown suspects damaged a chain link fence in the 4700 block of 138th Street.

12-12-2014: Unknown suspects damaged a window (possibly with a BB gun) in the 142nd block of Kilpatrick Avenue.

12-12-2014: Unknown suspects damaged a vehicle with rocks as it was parked in the rear of 131st/ Rivercrest Drive.

12-17-2014: Unknown suspects damaged a garage (possibly with a BB gun) in the 142nd block of Springfield Avenue.

12-18-2014: Unknown suspects damaged a vehicle in the 136th block of Royal Court.

12-18-2014: Unknown suspects damaged a vehicle in the 140th block of Willow Lane.

12-23-2014: Unknown suspects damaged a door lock on a garage of a vacant house in the 5700 block of 128th Street.

Drug Arrest

12-19-2014: A male was arrested at 139th and Cicero Avenue for unlawful delivery of cannabis while being in possession of 15 clear plastic bags containing cannabis.

Keep Informed!: New Laws in 2015

More than 200 new laws have taken effect as of Jan. 1, 2015. Here are some notable ones:

House Bill 0008/Public Act 098-1050, The Illinois Pregnancy Accommodation Act: Protects women who are pregnant or who have recently given birth from violations in the workplace in six general areas, according to the Illinois State Bar Association: failing to make requested reasonable accommodations that pose no undue hardship to the employer; denying employment to pregnant applicants; taking adverse action based on the need to create reasonable accommodations; forcing pregnant women to accept unrequested accommodations; forcing leave if reasonable accommodations can be provided for; and failing to reinstate the employee to an original or equivalent position, pay, seniority, and benefits. It is the duty of the individual seeking a reasonable accommodation or accommodations to submit to the employer any documentation that is properly requested.

House Bill 5701/Public Act 098-0774, The Job Opportunities for Qualified Applicants Act: Prohibits employers with 15 or more employees and employment agencies from inquiring into, considering, or requiring the disclosure of a job applicant's criminal history or background

on a job application. Three types of employers are excluded, according to the Illinois State Bar Association: those required by federal or state law to exclude applicants with specific types of convictions, employers that require a standard fidelity or equivalent bond where one or more specific criminal convictions would disqualify the applicant, and those that employ individuals licensed under Illinois’ Emergency Medical Services (EMS) Systems Act. Employers are allowed to notify applicants in writing of the “specific offenses that will disqualify an applicant from employment in a particular position due to federal or State law or the employer's policy.”

House Bill 4745/Public Act 098-1017: Prohibits parents and guardians from knowingly allowing underage drinking in any vehicle, conveyance, or watercraft under his or her control. It expands upon the current Social Host Law, which holds accountable any person who knowingly allows underage drinking in their residence. As in the current law, offenders are subject to felony charges if the activity results in great bodily harm or death to any person.

House Bill 5868/Public Act 098-0983: Alternative nicotine products, such as e-cigarettes, must be sold from behind the counter or in an age-restricted area or in a sealed display case, under the same restrictions as cigarettes.

Senate Bill 2583/Public Act 98-0870, “Sign and Drive”: Eliminates the requirement that a valid driver’s license must be posted as bail for certain minor traffic law or ordination violations, such as speeding. The new law allows a motorist’s signature on the citation to be their guarantee that they will comply with the terms of the citation and either appear in court or pay the required fine. As before, the Secretary of State can suspend the driving privileges of any motorist who does not comply with the citation.

House Bill 4207/Public Act 098-0801: Prohibits bullying of students through technology outside the classroom or school. The law applies to devices not owned or used by a school, and requires a school’s anti-bullying policy to include an investigation for any act of bullying that causes a disruption to a school’s operations or educational process. It applies only in cases in which a school administrator or teacher receives a report that bullying through this means has occurred; it does not require a school or district to staff or monitor any nonschool-related activity, function, or program.

To learn more about these laws and others that have been passed into law, visit the Illinois General Assembly’s website at www.ilga.gov.

Village Parking Notice

Crestwood Village ordinance prohibits parking on *any* village street between 2am and 6am. The reason for this ordinance is so police will be alerted to abandoned vehicles or suspicious vehicles that require investigations. This ordinance also ensures that all streets throughout the Village will be open to fire and rescue equipment in the event of an overnight emergency. This is especially necessary in areas where narrow streets can block large fire trucks. We will continue to enforce this ordinance. Thank you for your cooperation with this ordinance. The initial fine for this violation is \$75.00. This is a Village-wide ordinance.



PLEASE BE SURE THAT YOUR LATE NIGHT AND OVERNIGHT GUESTS ARE MADE AWARE OF THIS AS WELL!

District Earns State’s Highest Finance Rating for 10th Straight Year

The Illinois State Board of Education has awarded District 218 the highest possible fiscal rating for the 10th consecutive year. District 218 in 2014 again earned “financial recognition.” The State Board of Education categorizes school districts annually with the following ratings: Financial Watch, Financial Early Warning, Financial Review, and Financial Recognition.

“The district received an unqualified opinion for its audited financial statements. The district also received unqualified opinions related to compliance and internal controls over financial reporting and each major program,” said Business Manager Joe Daley. The term “unqualified” means that the audit report stands as presented by the auditing firm without any negative exceptions or connotations. The auditing firm McGladrey LLC conducted the audit of District 218.

School districts earn their ratings based on five criteria, including fund balance-to-revenue ratio; expenditures to revenues ratio; days’ cash on hand; percent of short-term borrowing available; and percent of long-term debt remaining.

Police Cadet/Explorer Program

The Crestwood Police Department is looking for youths between the ages of 14 and 19 who may be interested in joining our Cadet/Explorer program. While we do quite a few activities and much training that are law enforcement-related, the main purpose of this program is to help these young people to develop good communication and leadership skills. We also provide training with other agencies, including Cook County Department of Homeland Security, Illinois State Police, Cook County Sheriff’s Police, FBI, DEA, Secret Service and others. Applications are available at the Crestwood Police Station Monday through Friday, 8:30am to 9pm, and 8:30am to noon Saturday.





5331 W. 135th Street
Crestwood, IL 60445
(708) 371-4810

Crestwood Recreation & Wellness Center
A Fitness and Aquatic Facility designed around you!

- Flexible, easy & affordable memberships.
- Month to month, 6-month and yearly memberships available.
- No initiation fees, no enrollment fees, no contracts.

You choose the membership that’s right for you!
Stop by to see what we’re all about!
Call us at 708-371-4810!

Fitness Center Hours

Monday—Thursday
5:30 AM—10:00 PM

Friday
5:30 AM—8:00 PM

Saturday—Sunday
7:00 AM—5:00 PM

Pool Hours

Monday—Thursday
5:30 AM—9:00 PM

Friday
5:30 AM—7:00 PM

Saturday—Sunday
7:15 AM—4:00 PM

ALL INCLUSIVE MEMBERSHIPS

16 years of age and older
Membership privileges include access to the indoor pool (lap, open, family swims, water fitness classes), whirlpool, fitness center, group exercise classes, indoor track, sport courts and locker room.

Crestwood Residents	Non—Residents
<u>Individual</u>	<u>Individual</u>
Annual \$280	Annual \$360
6 months \$190	6 months \$255
Monthly \$33	Monthly \$45
<u>Seniors (65+)</u>	<u>Seniors (65+)</u>
Annual \$195	Annual \$245
6 months \$175	6 months \$235
Monthly \$33	Monthly \$45

www.CrestwoodFitness.com

FITNESS CENTER MEMBERSHIPS

16 years of age and older
Membership privileges include access to the fitness center, indoor track, sport courts and locker room.

Crestwood Residents	Non—Residents
<u>Individual</u>	<u>Individual</u>
Annual \$200	Annual \$280
6 months \$115	6 months \$190
Monthly \$20	Monthly \$33
<u>Seniors (65+)</u>	<u>Seniors (65+)</u>
Annual \$145	Annual \$195
6 months \$115	6 months \$190
Monthly \$20	Monthly \$33

AQUATIC MEMBERSHIPS

16 years of age and older
Membership privileges include access to the indoor pool (lap, open, family swims), whirlpool, indoor track, sport courts and locker room.

Crestwood Residents	Non—Residents
<u>Individual</u>	<u>Individual</u>
Annual \$190	Annual \$265
6 months \$115	6 months \$190
Monthly \$20	Monthly \$33
<u>Seniors (65+)</u>	<u>Seniors (65+)</u>
Annual \$125	Annual \$175
6 months \$95	6 months \$160
Monthly \$20	Monthly \$33



**Try a Boot
Camp Class
For FREE!**

**Increase Endurance, Get Lean and
Burn Calories in this FREE Class!**

**Monday, February 9th
From 7:00 to 8:00 PM**



Crestwood Rec & Wellness Center
5331 W. 135th Street
Crestwood, IL 60445
708-371-4810

Membership to the CRWC not required to attend
Boot Camp Fitness classes!

All classes taught by Mike Brady, ACE certified personal trainer.

Classes are offered every Monday and
Wednesday from 7:00 - 8:00 PM for an
\$8.00 drop-in rate per class or purchase a punch card!

More info @ www.facebook.com/nolimitbootcamp

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FITNESS IS
HERE!**
AT THE CRWC
All Levels Welcome

Come join us every Monday (low-impact class)
Wednesday & Friday from 6:30 - 7:30 PM.
\$9.00 drop-in rate per class

5 class punch card \$35.00 resident / \$40.00 non-resident	10 class punch card \$60.00 resident / \$70.00 non-resident
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Membership to the CRWC is not required
(Zumba punch cards expire 90 days from date of purchase)



5331 W. 135th St., Crestwood, IL., 708-371-4810

All classes taught by Lynn Kata licensed Zumba® Instructor
Like Lynn at facebook.com/lynnkatazumba

Boot Camp Fitness at the CRWC



Mike Brady and Ryan Kalck, Boot Camp class instructors, encourage the class at the CRWC to keep working hard.

Over the past few years, Boot Camp fitness classes have been gaining in popularity. According to the “Worldwide Survey of Fitness Trends for 2013,” published in the American College of Sports Medicine’s Health & Fitness Journal (2012; 16 [6], 8–17), Boot Camps ranked No. 16 in popularity for 2013. Boot Camp workouts can vary but generally include a fairly intense mix of strength training and aerobic elements. One Boot Camp workout might stress calisthenics while another stresses military-style drills. Some even incorporate martial arts moves. In pretty much all cases, however, you can expect to do calisthenics — such as pushups, lunges, squats, dips, sit ups, wall sits and crunches — as well as drills and sprints. In essence, a Boot Camp workout is a type of interval training — bursts of intense activity alternated with intervals of lighter activity. Advanced exercises include battling ropes, kettle bells, tires and slam balls.

Fitness Boot Camp never goes out of style for good reason: The military-inspired workouts burn serious calories. “Built on three fundamentals of training — cardio, strength and agility — Boot-Camp workouts require little more than your body weight to get results,” says Mike Brady, who instructs the classes at the Crestwood Recreation & Wellness Center (CRWC). “They’re more intense than most fitness classes and more fun than traditional gym workouts.” Mike is a graduate of Saint Xavier University and has been an ACE-certified trainer for seven years. “The goal of the Boot Camp class is to provide a whole-body workout that increases your endurance, improves your agility and strength, as well as your overall cardiovascular health.”

Maggie Arundel, of Crestwood, who attends the Boot Camp class twice a week says, “It’s a very well-rounded class for the beginner or the advanced fitness enthusiast and you can go at your own pace. It’s a great total body workout.” Boot Camp classes are offered on Mondays and Wednesdays (ages 18 years and older) from 7:00 to 8:00 pm at the CRWC. Cost: \$8.00 drop-in rate per day, or save money and purchase a punch card: \$60.00/residents, \$70.00/non-residents. No membership is required to take the Boot Camp classes. For more information call the CRWC at 708-371-4810 or find the CRWC on Facebook; www.facebook.com/CRWC1.

Don’t miss the FREE Boot Camp class on Monday, February 9th from 7:00 to 8:00 pm at the CRWC.

Tot Time Open Gym

Come join us at the CRWC in the gym and let the kids burn off some energy. We have equipment that is age appropriate and designed to let toddlers explore and learn new skills. This is an unstructured class and parents will need to supervise their children.

Ages: 1 to 6 years (with adult)
Day/Dates: Fridays, Feb 6 to Mar 27
Time: 1:00 to 2:45 PM
Cost: \$2.00 per child



5331 W. 135th Street
Crestwood, IL 60445
708-371-4810

- Gym shoes are required to play. No boots!
- Parent/Adult must stay with their child.



FREEze DAY
Sunday, February 8
10:00 a.m. to 4:00 p.m.
FREE ADMISSION DAY!

Enjoy the outdoors, and the indoors, at Brookfield Zoo’s FREEze Day! Bundle up and join the Green Valley Dog Drivers (GVDD) and their four-legged friends as they demonstrate dog-sledding from 10:00 a.m. to 4:00 p.m. on the zoo’s West Mall. Members of the Lemont-based dog-sledding organization will engage guests in games and musher talks with their canine teams. The day’s events feature fun for the entire family including:

Winter Weaving Craft at Hamill Family Play Zoo
Using fabric and natural materials, families can create a weaving board to take home.

Bird of Prey Zoo Chat on the West Mall
Join this special Zoo Chat at 11 a.m., 1 p.m., and 2 p.m.

Forest Preserves of Cook County Booth
Visit the Forest Preserves of Cook County booth to learn about all their fun winter activities and events.

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Shepard inducts students into National Honor Society

Shepard High School in Palos Heights recently inducted a new group of students into its chapter of National Honor Society. Criteria for National Honor Society membership include a grade-point average of at least 3.6-4.0 and participation in at least four extracurricular activities. (Five if the student is a senior.) Students cannot receive academic credit or compensation for the activities. To remain in NHS they must continue membership in school activities as well as participate in NHS service projects.



Pictured are the juniors and seniors from Shepard High School who qualified for induction into National Honor Society.

Inducted Students:	Michael Graham	Carolina Slaby
Jasmine Anderson	Paige Harkabus	Janet Santoyo
Elijah Bal	Kerry Hermann	Angeline Schulist
Heather Banis	Karsyn Hettlinger	Jeremy Schultz
Jessica Bomberry	Taylor Hoekstra	Maggie Sera
Natalie Bruce	Shenaya Hopkins	Namra Shafi
Sara Campione	Hannah Horstmann	Zachary Sierzega
Alex Covone	Max Jones	Grace Spindler
Logan Couture	Jacob Knoll	Samantha Stone
Anthony Crespo	Tim Kruse	Marlen Terrazas
Emilie Crofton	Nancy Lesnicki	Alyssa Trinko
Dylan Doidge	Edmund Leyden	Raven Vargas
Calie Edwards	Troy Magpantay	Hannah Vasil
Sherdell Edwards	Riley McDermott	Hayden Wiest
Cody Esparza	Benjamin Meyer	Michelle Wojtas
Kailey Fitzgerald	Sarah Quattrocki	John Wolniak
Robyn Folk	Joanna Rangel	Sanders Yu
Alexander Gowaski	David Reddy	Jacob Zuiker
Abigail Graham	Summer Rice	
Caroline Graham	Kayla Robinson	

PERSON ON THE STREET Eric Kallenborn’s Class at Shepard

Question of the Month: If you could try out any job for a day, what would it be?



“Film critic, because watching movies is my favorite thing to do, so watching them all day seems like the perfect job.”
— Veronica Jacobson, 15, Sophomore.



“I would want to be an astronaut, because astronauts get to see things literally out of this world, and space has always interested me.”
— Allie Terry, 15, Sophomore.



“My choice would be a nurse because I love helping people, and I’ve wanted to do it since I was a kid.” — Nelly Jaime, 15, Sophomore.

Winter Shine

By Nathan Hale Middle School 7th Grader Halie Shepard

Hoping this moment never ends
Winter break
Fall has ended
Snow starts falling
Looking out the window from dull morning
darkness
Blinded by a beautiful glistening
Ear muffs and gloves
I go outside to feel a refreshing cold breeze
Blinded still by beauty of a winter shine
I fall into cold white flakes
Winter shine
And a winter shine it will stay

Volunteer Opportunity of the Month: Tutoring

Did you know that 19 percent of adults in Cook County lack basic reading and writing skills? Literacy tutoring is a great way to help others learn to read. To support literacy in the community, Moraine Valley Community College (MVCC), in Palos Hills, has incorporated a Secretary of State grant-funded volunteer tutoring program that has served MVCC communities since 1985.

What’s the Need?

Students in the MVCC program range from those with learning disabilities to those whose circumstances have hampered their opportunity to receive education. Others include students who are learning English as their second language and would like to further their work opportunities, read to their children, or read instructions for household goods. Some of the students are preparing for the GED exam. MVCC Coordinator of Tutoring and Literacy Kipp Cozad said, “We have many more people waiting to get tutors than we have tutors,” noting that the waitlist is around 40 students — and growing.

What’s Involved?

Tutors commit to spending two hours per week with a student, ideally for a year. MVCC designs the timing of tutoring to work with the tutor’s schedule; both nights and days are OK. If you’re going on vacation or need to cancel, you can just adjust your schedule with the student. Tutoring is done in public places only: at MVCC, at MVCC’s satellite campuses, or at public libraries aware of the program. (Location is discussed as part of an introduction interview between the program coordinator and the tutor.) Also, tutoring might involve more than teaching reading — it could also include writing and spelling. Tutors familiarize themselves with the needs of the students, whom are also evaluated by the Test of Adult Basic Education (TABE) exam students take to join the program, and work from there.

How Do I Get Started?

Prospective tutors fill out an application at the school’s website URL below and then go through 12 hours of training online or in a series of in-person training sessions. A potential tutor then discusses with program staff which location and types of students might be the best fit. When the tutor is

ready to be paired with a student, all materials will be provided by the program and the MVCC library. The training gives ample instruction, and Cozad has an “open door policy” to answer any questions or address any concerns.

Why Tutor?

Cozad said tutoring is “amazingly rewarding” due to the camaraderie developed both among the tutors and between the tutor and the student that results from the dissemination of knowledge. “Volunteerism is the lubricant of society. ... Students have few opportunities to move ahead with their lives, and tutoring really provides that outlet where they can move ahead with their language acquisition or literacy skills,” Cozad remarked. “The friendships formed through working together can last a lifetime.”

Contact Kipp Cozad at **708-974-5331** or **cozadk2@morainevalley.edu** for more information about becoming a tutor or a student. Prospective tutors can complete an application at **morainevalley.edu/literacy**.

Crestwood Native Illuminates Boston

Sean Pieroth, son of Trustee Bill Pieroth, contributed to the beautification of Boston’s Downtown Crossing area this past December with a traveling, musical light show. The Downtown Boston Business Improvement District reached out to nearby Emerson College’s faculty members, who selected Pieroth and his colleague Steven Wilkinson, who are in Emerson’s Performing Arts program. The students helped design the lighting program for The Light Rover, a custom bike with attached lighting instruments and a control board designed by artist Ross Miller. The bike, complete with seven high-powered LED lights, shone light on three buildings on December 11th to raise awareness of the beauty of the district, and gave people a chance to stop and look at the architecture of the area. The three selected buildings were each paired with a song: Tremont Baptist Temple with “Don’t Want to Miss a Thing” by Aerosmith; 45 Milk Street with “I’m Shipping Up to Boston” by Dropkick Murphys; and 100 Federal Street with a medley of “Sleigh Bells” and “Carol of the Bells” performed by the Boston Pops. Pieroth, a senior seeking a Bachelor of Fine Arts degree in Theatrical Design/Technology with a focus on lighting design, will pursue a lighting internship in Chicago after graduation. He would like to work in commercial theater and aims to someday work on Broadway.



(L) Sean Pieroth and Stephen Wilkinson outside the Tremont Temple (R) Sean Pieroth (at the rover) and Stephen Wilkinson (at the table) working on the rover.

District 130 Superintendent Invites Parents, Residents to Evening Forums

Cook County School District 130 will continue its “Superintendent Coffee” series in the coming months with evening forums in Crestwood, Alsip and Blue Island. Parents, guardians and community members are invited to the events, which will include coffee and informal conversation with Superintendent Tina Halliman. Other district administrators will also attend to discuss a variety of topics, including curriculum, bilingual programs and special education.

The next coffee will be held at 6pm on Thursday, Feb. 5th, at the Eisenhower Cooperative, located at 5318 W. 135th St. in Crestwood. Forums will also be held at 6pm on Tuesday, March 3rd, at the Alsip-Merrionette Park Library, 11960 S. Pulaski Road, and at 6pm on Tuesday, April 21, at the Blue Island Public Library, 2433 York St.

Unlike previous months, all second-semester coffees will be held in the evening in an effort to accommodate more parents. The locations are rotated among the four communities served by District 130: Crestwood, Alsip, Blue Island and Robbins.

Upcoming Events for St. Christopher Church

- | | |
|----------------------|--|
| February 1st | 8th-grade students will sponsor a Super Bowl Sunday bake sale after all the Masses. |
| February 6th | St. Christopher celebrates its 90th Anniversary Gala at The Odyssey Country Club in Tinley Park 6:30pm-Midnight. (\$70.00 per ticket.) |
| February 12th | Valentine’s Day class parties for preschool through 5th-grade students. |
| February 17th | Mardi Gras celebration for 6th-grade through 8th-grade students. |
| February 18th | Ash Wednesday: 8:30 school Mass, 12:00 service 4:00 service and 7:00 service. |
| March 2nd | St. Christopher students will start Terra Nova Testing. |

End joint pain for good.

Venkat Seshadri, M.D.

*Orthopedic Surgeon. Fellowship-trained
in shoulder and elbow surgery*

Free Joint Pain Seminar Monday, February 9; 6:00 p.m.

Location: Holiday Inn Express
13330 S. Cicero Ave., Crestwood, IL

Join Dr. Venkat Seshadri for an enlightening seminar about the causes of arthritis & joint pain, and available treatment options, including chronic shoulder pain, instability and weakness. Learn about new options in advanced surgical procedures, such as total joint replacement surgery and minimally invasive surgical techniques with reduced risks. If you suffer from joint pain, find out how you can get improved strength, stability and agility for life.

Reservations are required to attend the free seminar. Call 708.915.PAIN (7246) to reserve your place.



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GET UP & GET OUT!!!

Though February is the shortest month of the year, there’s no shortage of fun in Chicagoland, so get out there and enjoy! Here’s a sampling of activities.

Chicago Auto Show | February 14-February 22

Come see nearly 1,000 different vehicles at McCormick Place. Exhibitions include: multiple world and North American introductions; a complete range of domestic and imported passenger cars and trucks; sport utility vehicles; and experimental or concept cars. Attendees will also have the opportunity to see numerous accessories and auto-related exhibits, competition vehicles and project, antique and collector cars. Tickets are \$12 for adults, \$6 for seniors and kids 7-12, and free for children under 7. Visit www.chicagoautoshow.com for more details.

President’s Day Snowball Fight | Monday, February 16, 10am-1pm

Join the Alsip Park District for a community-wide snowball fight. Enjoy warm refreshments, raffles, contests and entertainment. The free event, held at Commissioners Park, will be cancelled if there is no snow. **Call 708-868-0606** for more information.

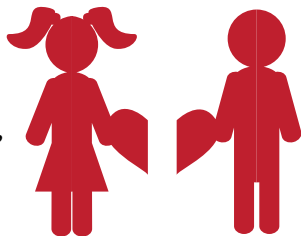
Chocolate Fest | Saturday, February 21, 11am-2pm

Chocolate lovers, unite at this one-of-a-kind festival! Make it a girls’ day out or gather up the family and head over to the Homewood Auditorium for delectable treats from local chocolatiers. For the first time, this year’s Chocolate Fest Bake-off contest will have both professional and amateur categories. The event will be held at the Homewood-Flossmoor Park District Auditorium, located at 2010 Chestnut Road in Homewood. **Call 708-798-3000** for more details.

“Frozen” Snow Ball Dance | Saturday, February 28, 5-8pm

Join the Alsip Park District for a Frozen movie-themed parent/child dinner dance at the Apollo Recreation Center. Dress up or wear your favorite character-themed outfit. There will be a buffet-style dinner including drinks and dessert, DJ, dancing, photo opportunities and more. Flowers will be given to each lady registered, and there will be a special gift for the men in attendance as well. The fee per couple is \$25 for residents and \$30 for non-residents, and \$5 for each additional child. Register by February 21. **Call 708-868-0606** for more information.

Things to Do on Valentine’s Day When You’re Single



Sure, you could sit at home, eat ice cream and pout, but why be sour when this saccharine holiday is supposed to be sweet?

- Binge-watch horror films in which lovers become the victims. (That would be most of them, btw.)
- Get together with single friends and paint the town, posting your exploits to Facebook, showing your other friends that you’re more fun than they are.
- Make a list of all the benefits of being single. There are quite a few. (Think of all the money you’re saving!)
- Treat yourself! There’s no shame in buying yourself something fun and festive on that day even if there’s no romantic aspect to your purchase.
- Celebrate Valentine’s Day the way kids do—by celebrating your relationships with your loved ones, like friends and family.

Valentine’s Day Recipe: Strawberry Pretzel Salad Dessert



Total Time: 45 min. **Prep Time:** 35 minutes, **Cook Time:** 10 minutes

Ingredients: 2 cups crushed pretzels; $\frac{3}{4}$ cup melted butter; 3 T white sugar; 1 8-oz package of cream cheese, softened; 1 cup white sugar; 1 8-oz container of frozen whipped topping, thawed; 2 3-oz packages of strawberry gelatin; 2 cups boiling water; 2 10-oz packages of frozen strawberries

Directions: Preheat oven to 400 degrees F. Stir together crushed pretzels, melted butter and 3 tablespoons sugar. Mix well and press mixture into the bottom of a 9x13-inch baking dish. Bake 8 to 10 minutes, until set. Set aside to cool. In a large mixing bowl, cream together cream cheese and 1 cup sugar. Fold in whipped topping. Spread mixture onto cooled crust. Dissolve gelatin in boiling water. Stir in still-frozen strawberries and allow to set briefly. When the mixture is about the consistency of egg whites, pour and spread over cream cheese layer. Refrigerate until set. **Recipe from Betilda for AllRecipes.com**

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Alpha Auto Repair, LLC.
13604 S. Cicero Ave, Crestwood, IL 60445
Tel: (708) 597 ~ 2700

*Coupon must be presented at time services are rendered. Expires 03/15/2015

Madlener - Holzhauser Wedding



Lauren Madlener and Bob Holzhauser were married Saturday, January 17th, 2015, at St. Christopher Parish in Midlothian. The bride is the daughter of Crestwood’s Bill and Linda Madlener, and the groom is the son of Bob and Peggy Holzhauser.

Lauren and Bob met while they were teachers at Sacred Heart in Chicago. Bob was teaching 8th grade and Lauren taught kindergarten. Lauren received her bachelor’s degree at University of St. Francis in Joliet and her master’s degree at

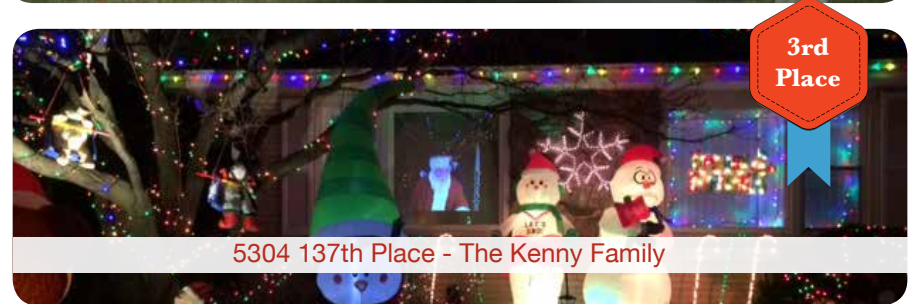
St. Xavier University. Bob received his bachelor’s degree at St. Xavier. Lauren will teach 4th grade at Meadow Lane School in Merrionette Park and Bob will teach 10th grade social studies at Hammond Academy of Science and Technology in Hammond, Ind.

The reception was at DiNolfo’s Banquets of Homer Glen, and photos were taken by Photos By Rick, which also takes photos for Crestwood’s softball and T-ball teams. The newlyweds hope to honeymoon in Germany in the summer, as they share German heritage and Bob is a history buff, according to his wife. They plan to live in Tinley Park.

If you would like to have your wedding announced in the *Crestwood Adviser*, please **call 708-926-2754**.

Correction: 2014 Crestwood Holiday Lighting Display Contest Winners

Last month’s edition of the Crestwood Adviser contained an error regarding the 3rd- Place winners of the contest. Honors went to both the Kenny and Coleman families. Congratulations to both families on their exemplary expressions of the Christmas spirit!



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Bingo is Back



St. Christopher School - GYM
14611 South Keeler, Midlothian, IL

Doors Open 5:00 pm, Early Birds 6:30 pm, Regular Games 7:00 pm

For more info call (708) 388-8190



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Crestwood Resident Pearl Buchanan Celebrates Milestone 85th Birthday

Many decades ago, a long ways from Cotton Plant, Ark., traveled a hard-working pair — Pearl and Aire Buchanan. Bringing farming skills and a drive to find more plentiful work, they landed themselves in Crestwood, raising family amongst corn, peas, chickens and just about anything you can serve up. They grew and harvested so many vegetables and fruits in their six gardens that they used to give it away. Pearl’s talents in the kitchen had her well-known for her cornbread and for “Pearl’s Relish” that was born out of her job at Hick’s Café in Arkansas. Pearl’s daughter Emma Harrison often wonders why Pearl did not market her delightful creation, but Pearl chose instead to share her gifts with her family. She still spends much of her time canning homegrown produce.

Pearl just turned 85 on December 27th. She has gained a lot of wisdom in those years, 60 of which have been spent in Crestwood. Here, Pearl raised six children with a firm hand. While husband Aire worked two jobs, Pearl kept order — so much so that the children were relieved when Dad come home, according to Emma. Emma shared her mom’s values of “treat others with respect” and “hard work will pay off.” She recalls Pearl being concerned for her children’s futures, as providing for college tuition for all of them would have been all but impossible. Instead, in between the multitude of jobs she carried, Pearl rented a typewriter on a monthly basis and sent the children to short-hand/secretarial camps in the summer, ensuring that they would have at least these basic skills that could help them to sustain a living.

Family is of utmost importance to Pearl, and caring for others is her nature. At 85, Pearl attends God’s House of Love, Prayer and Deliverance Church in Robbins, and continues to care for members of the congregation and her community, even making soup for friends who are ill. Her home is shared by many, including grateful niece Ruth, who added that her love for Pearl is exceptional, her aunt having taken her into her home and treated as a daughter after her parents’ passing and with Ruth legally blind.

“I’m 85 and I feel wonderful, and I know it’s God,” Pearl says, asserting the connection between the positive effect she has on others’ lives and her own spiritual and physical health. “Sow good seeds and good will come back to you.”

Pearl’s “do unto others” attitude is to what she attributes her blessings and longevity. Faith and family fill her home, as exemplified by the three generations of Buchanan/Harrison women living under one roof. Emma and her daughter Donita care for Pearl and were there to celebrate one of the best birthdays Pearl ever had, surrounded by her loving — and considerably large — family, of which she is the matriarch. At press time, Pearl could boast six children, 20 grandchildren, 17 great-grandchildren and two great-great grandchildren.



Pictured left to right: daughter Emma Harrison, Birthday Girl Pearl Buchanan and granddaughter, Donita Harrison

“I think family’s so important,” she says. “I’m so grateful I raised my children the way I did. ... They never gave me no problem.”

Happy 85th birthday to one of our oldest Crestwood residents — a rare Pearl.

Water Angels Make the Holidays Brighter for Crestwood Families

For the past three years, the Crestwood Recreation & Wellness Center’s (CRWC) Water Aerobics class has raised money to make the holidays brighter for a Crestwood family in need. The participants in instructor Tom Doyle’s class, which is held weekly, raised \$500 over the course of the past year through their personal savings. Trustee Theresa Flynn is responsible for finding a family in need, who will remain anonymous, and coordinating the presentation of the donations. “It’s a win-win for everyone,” Doyle said about the class participants — called “Water Angels” — and the families who receive the donations. To donate or to join the Water Aerobics class, contact the CRWC at 708-371-4810. Trustee Flynn commented about the gift of giving in the Crestwood community. “It is without a doubt the true meaning of Christmas when our neighbors freely give, without knowing [the gifts’] recipient, or their value and sentiment.”



Five of the 29 “Water Angels” came out to the CRWC despite the cold and snow on Jan. 6th for their Water Aerobics class. Left to right, back row: instructor Tom Doyle, Sandie, Nancy; front row: Cathy, Mimi, JoAnne.

Village & Biela Center Happenings

Unless otherwise indicated, all listed events are at the Biela Center, 4545 Midlothian Turnpike.

For more Information
708-371-4860 Ext. 6001

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 11:15 a.m. Fitness 1:00 p.m. Movie	3 12:00 p.m. Lunch 1:00 p.m. Bingo 1:00 p.m. Movie	4 11:15 a.m. Fitness 12:30 p.m. Crestwood Seniors 1:00 p.m. Movie	5 12:00 p.m. Cards 1:00 p.m. Movie	6 11:15 a.m. Fitness 12:00 p.m. Lunch 1:00 p.m. Bingo 1:00 p.m. Movie
9 11:15 a.m. Fitness 12:30 p.m. Biela Seniors 1:00 p.m. Movie	10 12:00 p.m. Lunch 1:00 p.m. Bingo 1:00 p.m. Movie	11 11:15 a.m. Fitness 1:00 p.m. Movie	12 “Grand Victoria Casino” - 9:00 a.m. 12:00 p.m. Cards 1:00 p.m. Movie	13 11:15 a.m. Fitness 12:00 p.m. Dessert 1:00 p.m. Bingo 1:00 p.m. Movie
16 CLOSED President Day	17 Valentine / Mardi Gras - 11 AM 1:00 p.m. Bingo 1:00 p.m. Movie	18 11:15 a.m. Fitness 12:30 p.m. Crestwood Seniors 1:00 p.m. Movie	19 12:00 p.m. Cards 1:00 p.m. Movie	20 11:15 a.m. Fitness 12:00 p.m. Lunch 1:00 p.m. Bingo 1:00 p.m. Movie
23 11:15 a.m. Fitness 12:30 p.m. Biela Seniors 1:00 p.m. Movie	24 12:00 p.m. Lunch 1:00 p.m. Bingo 1:00 p.m. Movie	25 “Westside Story” - 10 a.m. Blood Pressure Hearing - 9:30 AM 11:15 a.m. Fitness 1:00 p.m. Movie	26 12:00 p.m. Cards 1:00 p.m. Movie	27 11:15 a.m. Fitness 12:00 p.m. Lunch 1:00 p.m. Bingo 1:00 p.m. Movie



FEBRUARY 2015

Look What's Cooking!!!

Lunch and bingo or a movie for over 50

Tuesday, February 3	Sloppy Joe
Friday, February 6	Italian Sausage
Tuesday, February 10	Beef Sandwich
Friday, February 13	Dessert & Bingo
Tuesday, February 17	Mardi Gras & Valentine Party (\$10)
Friday, February 20	Tuna Salad
Tuesday, February 24	Hot Dog & Beans
Friday, February 27	Mostacioli

Enjoy a delicious lunch (\$4.00) at the Biela Center at noon. Bingo and a movie start at 1 p.m.. Please help us by making reservations. Reservations for Tuesday lunch must be made by 4 p.m. Friday and reservations for Friday lunch must be made by 4 p.m. Wednesday.

Movies of the month to be shown at the Biela Center

Thank you to the Crestwood Library for donating these movies for our seniors to watch.

February 2-6	"Hanging Up"
February 9-13	"Shark Tale"
February 17-20	"Divine Secrets of the Ya Ya Sisterhood"
February 23-27	"Iron Lady"

Movies are shown Monday through Friday at 1 p.m.

Never A Dull Moment at the Biela Center

By now you know the Biela Center is located at 4545 Midlothian Turnpike, but do you know what goes on a daily basis? Senior citizens, you never have to be bored again.

Take a look at the many activities that wait for you here:

*Choose a senior fitness group that works best for you-one, two, or three times a week.

*Keep your driving privileges, and your freedom, by attending one of our frequent Rules of the Road classes held throughout the year.

*Every week we offer free movies for your enjoyment in a relaxed atmosphere.

*Lunch and bingo are offered Tuesdays and Fridays all year at the Biela Center.

*Free blood pressure and hearing screenings are offered every month.

*Join us for some of our group trips to casinos, plays, theaters, and other interesting venues.

Chicago South Elks Lodge 1596

The Elks, in cooperation with the Biela Center, continue to collect pop-tabs for Ronald McDonald House as well as eyeglasses, greeting cards, used cell phones and chargers for other charities.

For more information, contact the Elks at 708-597-7465 or the Biela Center at 708-371-4860.

Sorry....No refunds can be made

We've often experienced last-minute cancellations for our various day trips. We have to make it clear that when reservations are confirmed, refunds will not be issued.

Therefore, no refunds can be given for any trip unless we have a waiting list or if you can find a replacement for your reserved space. When you register for a trip, you have two weeks to decide before payment.

Please arrive 15 minutes before scheduled departure time for a trip. We do publish the scheduled departure time for our trips. Your cooperation will be appreciated. Many passengers are very sensitive to strong perfumes and aftershaves. We ask that you think of others if you use them.

Senior Fitness Offered at the Biela Center

The Biela Center offers a great fitness class one, two, or three times a week, and you can work at your own pace. Feel better and sleep better.

Diana Esparza, our instructor, will guide you through your special needs. Classes are held Monday, Wednesday, and Friday at 11:15 a.m.

The cost is \$30 for 24 classes, \$20 for 16 classes, \$10 for eight classes or a \$2 daily fee.

CASINO TRIPS

When making casino reservations, please have your card number or address and date of birth. Remember, you must have a valid picture ID at the casino....Winning more than \$1,199 requires showing your social security card.....!

Grand Victoria Casino

Join us for a day or gambling in Elgin at the Grand Victoria Casino.

When: Thursday,February 12th
Depart: 9:00 a.m. ;return 4:00 p.m.
Cost: \$27 (includes buffet)

Call 371-4860 Ext. 6001 for reservations.

Blue Chip Casino

Enjoy a day at the Blue Chip Casino in Michigan City, Indiana. The trip includes 4 hours of gambling, a buffet lunch and \$10 in E-Play after 1,000 points.

When: Thursday, March 5th
Time: Depart 8:45 am - Return 4 pm
Cost: \$28

Valentine/ Mardi Gras Party

Come celebrate Valentine's and Mardi Gras at the Biela Center. The festivities begin at 11 a.m. with appetizers and soft drinks. Bingo will be played after lunch for those attending the party.

When: Tuesday, February 17th
Time: Appetizers at 11:00am
Lunch at noon
Cost: \$10

Reservations requested by February 10th.

"WEST SIDE STORY" - Drury Lane

The Jets and Sharks are at their best. Tony falls in love with a beautiful Shark girl, Maria. West Side Story is a modern day musical version of Romeo and Juliet. This trip is sure to fill up fast!!!!

When: Wednesday, February 25th
Time: Depart 10:00am
Cost: \$84 (includes lunch & show)



"Rules of the Road Here on March 9th"

Secretary of State, Jesse White, in cooperation with local organizations, will offer a Rules of the Road review course at the Biela Center free of charge.

The two-hour session helps prepare drivers for the Illinois driver license exam. Topics include written, vision, and road tests.

When: Monday, March 9th, 2015
Time: 1:30 p.m. - 3:30 p.m.

Save your spot by calling the Biela Center at 708-371-4860.

"On Golden Pond"

The love story of Ethel and Norman who are returning to their summer home for the 48th year. They are visited by their divorced daughter and her fiancée who are off to Europe, leaving his teenage son behind for the summer. This was a HUGE Broadway hit!!!

When: Wednesday, March 25th
Where: Theatre at the Center -Munster, Indiana
Time: Depart 11:00 a.m.
Cost: \$74 (includes transportation, lunch and show-choice of baked cod or beef stroganoff)

Save your spot by calling the Biela Center at 708-371-4860.

Attention Seniors!!!

The Crestwood Seniors Club is looking for members. They meet on the First and Third Wednesday of the month at 12:30 p.m.

The club does an array of activities at their meetings. Coffee and sweet rolls are available to be enjoyed as the members visit with each other; planned activities are enjoyed on holidays. For the holidays, the club becomes community involved. The members make favors and bring in presents for nursing home residents...

Consider joining a fun Group. Please call the membership chairperson, Sophie Horvath at 385-7760.

Also, the Biela Seniors Club is looking for members. They meet at the Biela Center on the second and fourth Monday at 12:30 pm. Call the Biela Center for more information.

St. Pat's Luncheon Set for March 17th

Everyone's Irish on St. Pat's Day and that will be the story on March 17th at the Biela Center.

When: Tuesday, March 17th
Time: Lunch will be served at noon
Cost: \$6.00

Make reservations by March 10th
Call the Biela Center at 708-371-4860 Ext. 6001

Senior Easter Luncheon

Join us for our annual Easter Luncheon.

When: Tuesday, March 31st
Time: Appetizers at 11:00a.m., Lunch at noon
Bingo or a movie at 1:00p.m.
(bingo for those who attend the luncheon)
Cost: \$10.00
Reservations must be made by March 24th


Phone 371-4860 ext. 6001

- REMINDER -

Don't be disappointed when trips are cancelled. Please sign-up as soon as possible. We have deadlines for booking the trips. - The Biela Center

ATTENTION ALL CARD PLAYERS!!!

Crestwood's senior card players are looking for new members to join them for pinocle at the Biela Center on Thursdays at noon. If interested, stop in on Thursdays at noon.



"For it was not into my ear you whispered, but into my heart. It was not my lips you kissed, but my soul." — **Judy Garland**

UPCOMING TRIPS

Thursday, April 9th

Churches of Chicago

Depart 9:00am

Cost: \$74.00

Wednesday, April 22nd

Majestic Star

Depart 9:00am

Cost: \$27.00 (Includes \$5 discount on buffet, & \$10 after 25 points)

Wednesday, May 13th

Patty Waszak at White Fence Farm

Depart 10:00 am

Cost \$65.00 includes trans., lunch & show.

BLOOD PRESSURE SCREENING AT THE BIELA CENTER OFFERED ON FEBRUARY 25th

Free blood pressure screening will be offered at the Biela Center on Wednesday, FEB 25th, from 9:30 to 11 a.m. Barbara, our Biela Center Blood Pressure Nurse will be available.

HEARING SCREENING AT THE BIELA CENTER ON FEBRUARY 25th

Bruce from the Audible Center for Hearing Excellence will be here on Wednesday, FEB 25th from 9:30 to 11 a.m. to conduct hearing screenings and to clean and service hearing aids. This service is free for adults only.

New Vodka Lounge Off to a Great Start in Crestwood

Copper Still CD Vodka Lounge moved into Crestwood in December and has been a successful addition to Crestwood’s businesses. “We found we definitely had a clientele to cater to,” said General Manager Christine D’Ambrosio. “We’ve definitely been packed to the hilt.”

The bar and full-service kitchen eatery, which features the Mid-Oak Distillery’s products, serves a variety of bite-sized and skewered foods in addition to traditional bar fare. It has a full bar menu of drinks, including local craft beers. It also hosts martini-making classes and eight-drink vodka and martini tastings. Reservations are required for the martini classes since there is limited seating, and recommended for the tastings, especially during the peak hours of Friday and Saturday nights. The classes are \$39 per person, at about 90 minutes, while tastings are \$15 per person. The menu changes seasonally. The lounge is also available for special events in addition to being a local neighborhood place for a casual evening out.

D’Ambrosio said the Village of Crestwood was very helpful in the lounge’s transition from a small tasting room attached to the Mid-Oak Distillery in Midlothian into a full-service bar and eatery in its own building. After a lease ended for the distillery building, management wanted to maintain its customer base by moving as quickly and efficiently as possible into a new location and expanding services to continue effectively serving existing clientele and accommodating new patrons. They managed to open the lounge in 45 days with the help of the Village. “We’ve never had that kind of support — definitely a deciding factor while we were looking at locations,” she said, remarking that the Village was very helpful with making required paperwork available and helping move the process along. “People were very willing to explain things.”

D’Ambrosio said the lounge will be a relaxing environment with live acoustical entertainment. It will be open for lunch and dinner. “It’s a beautiful vodka lounge that has the capability to be a full-service bar as well as an eatery,” she said. “We have several strategic foods so we can perfect what we have and do it well.”

Crestwood’s Copper Still CD Vodka lounge is located at 14301 S. Cicero Avenue. **Call them at 708-925-9318**, visit them on Facebook or go to **www.cdvodka.com** to learn more.



Copper Still CD Vodka Lounge has a full bar menu of drinks, including vodka, martinis and local craft beers.



Coconut shrimp with sweet and spicy Asian dipping sauce.

A Guide to Fireplace and Heating Safety

There are a variety of products that can help keep you warm in the winter, but they all come with a certain amount of danger if used improperly. It is important to use fireplaces, space heaters, ovens, radiators and furnaces appropriately. The Village of Crestwood would like to offer you some tips on how to do so to ensure safety.

Portable Fireplaces

A portable, ethanol-burning fireplace and its fuel should only be used by adults, and an adult should always be present when the fireplace is burning. Keep children, pets and anything that can burn at least three feet from the fireplace.

Clean up any fuel spillage and be sure that all liquid has evaporated before lighting the fireplace. Light the fireplace using a utility lighter or long match. Don’t pour ethanol fuel in a device that is lit or not completely cool; it might result in a fire or injury. Allow the device to cool down for at least 15 minutes before refueling. Never try to move a lit fireplace or one that is still hot. Place the fireplace on a sturdy surface away from table edges. Extinguish the flame when you leave the room or home, or go to sleep.

Store lighters and matches out of the reach of children, in a locked cabinet. It may not be easy to see the ethanol fuel flame, so always close the lid or use a snuffer to be sure the flame is extinguished before refueling into a cooled fireplace. Use only fuel made specifically for the fireplace.

Conventional Fireplaces

Have a qualified professional clean and inspect your chimney and events annually. Store cooled ashes in a tightly covered metal container and keep it outside, at least 10 feet from your home or other buildings. Use dry, seasoned wood. Check for creosote buildup at least once a year. The fireplace screen should be metal or heat-tempered glass, in good condition, and sturdy and secure in its position in front of the fireplace.

Portable Space Heaters

Portable space heaters should have an automatic shut-off and be plugged directly into an outlet, not an extension cord. Be sure to turn them off when you leave a room or go to bed. Keep them at least three feet from anything that can burn. Plug only one heat-producing appliance into an electrical outlet at a time.

General Safety

Install carbon monoxide alarms and test them at least once a month. Test your smoke alarms as well to make sure they are working.

For more safety tips, visit the National Fire Protection Association’s website, www.nfpa.org/education, or the U.S. Fire Administration’s website, www.usfa.fema.gov.

MYCHAL J. TOSCAS

BROKER

Century21

AFFILIATED

Life-long Crestwood Resident

15812 S. Wolf Road
Orland Park, IL 60462

708.431.3111
Fax 708.361.9618

E-Mail mtoscas@c21affiliated.com

Computer Tidying Gets A Boost February 9th

Clean Out Your Computer Day, celebrated on February 9th this year, serves as a reminder to keep your computers clean and efficient. Started by the Institute for Business Technology in 2000, the second Monday of February is a great day to refresh your effort to using your computer effectively. Computer maintenance includes inside and outside — cleaning the surfaces, organizing files, and cleaning up the operating system. These measures may lessen frustration through improving the computer’s speed.

To clean a laptop computer’s keyboard, according to howstuffworks.com, turn off the laptop and remove the battery, open the laptop and turn the laptop upside down to remove any loose debris. Then spray canned air on the keyboard to loosen any gunk stuck between the keys. Put the laptop on a flat surface and vacuum it with a small brush attachment. Just dampen cotton swabs with rubbing alcohol, wipe them over and between the keys if possible, and then finally, use a specialized cleaner and disinfectant — available online and at computer and office supplies stores — on the keyboard. To clean the LCD screen, spray it with canned air to remove surface dust, and then gently wipe it with a clean, soft, scratch-free rag sprayed with a solution of half white vinegar and half distilled water, or wipe it with a microfiber cloth specially designed for computers. Clean the mouse by wiping off the top and bottom with the vinegar-distilled water solution.

Computer files can become as messy as a pile of papers, potentially slowing down the operating system and making it difficult to find specific files, according to howstuffworks.com. Clean up the clutter of files and folders on your computer by determining what files you would like to keep and which you can either delete or store on an external hard drive, USB drive or disc storage. Check to see if there are duplicated files and be sure to back up files that are important. Choose an identification method to manage file names consistently. For example, you could organize by date or project name, keeping the format consistent. After Clean Out Your Computer Day, remember to sort files immediately and consistently by placing them in the appropriate file as soon as you create them.

Cleaning up the operating system includes making sure your software is up to date, uninstalling unnecessary applications, and running a full or “deep” anti-virus, anti-malware scan. Ask a computer technician for help if you would like to remove any applications that you’re unsure of. (Just because you don’t know what a program is doesn’t mean that your computer doesn’t need it.)

Though February 9th is a neat start to keeping your computer tidy and clean, continuing the effort throughout the year is important. Make this a resolution for 2015!

Crestwood History: Did You Know?

- Carl V. Stratton became Village Trustee of the Village of Crestwood Nov. 9, 1928 — the first to be so elected.
- The first-ever Village Picnic was held in the apple orchard next to the home of Ernest Musilek Sr. His was one of the first brick homes to have been built in the area, having been constructed in 1928.
- The Crestwood Fire Department’s Women’s Auxiliary was established in 1962 to help raise funds for the purchase of equipment to help the Fire Department to extinguish fires and otherwise serve the community.
- Among the first businesses in Crestwood were said to be an ice cream and candy stand located on the Midlothian Turnpike and operated by the Bruskievich family, a milk and bread store on Kostner Ave. run by the Weinberger family, and a leather goods store, also on Kostner Ave., that was located just north of the trolley line that led to Midlothian Country Club, run by Mr. Wirtz.
- In February 1970, the Crestwood Police Department became the first in the South Suburban area to have a canine unit. The first teams consisted of Sgt. Foster and Teddy, and Police Officer Jopek and Duke.

Thinking About Selling Your Crestwood Home or Condominium?

Top Ten Reasons Why You Should Call

CLIFF RAGO

To Sell Your Home.

- #10) I AM A LIFETIME CRESTWOOD RESIDENT
- #9) A FULL TIME REALTOR FOR OVER 24 YEARS
- #8) I KNOW CRESTWOOD LIKE THE BACK OF MY HAND
- #7) RE/MAX IS THE WORLD LEADER IN REAL ESTATE
- #6) CLIFF IS THE CRESTWOOD LEADER IN REAL ESTATE
- #5) 100’S & 100’S OF CRESTWOOD PROPERTIES SOLD
- #4) HONORABLE AND TRUSTWORTHY
- #3) TREATS CLIENTS LIKE FAMILY
- #2) I LOVE BEING A REALTOR



AND THE #1 REASON TO HIRE ME AS YOUR REALTOR IS; THE MORE I SELL YOUR CRESTWOOD PROPERTY FOR, THE MORE MINE IS WORTH!

CALL CLIFF AT 708-267-0758 FOR A FREE NO OBLIGATION MARKET APPRAISAL CLIFF RAGO THE CRESTWOOD EXPERT! RE/MAX SYNERGY 708-267-0758

NO ONE IN THE WORLD SELLS MORE HOMES THAN RE/MAX AND NO ONE SELLS MORE CRESTWOOD HOMES, THAN CLIFF.

CRESTWOOD FEATURED CONDOMINIUM OF THE MONTH



LOCATED IN THE CRESTWOOD HIGHLANDS COMPLEX FOR ADULTS 55 YEARS AND OLDER THIS 2 BEDROOM 2 BATH HOME HAS BEEN JUST PAINTED. BIG EAT IN KITCHEN PLUS A FORMAL DINING ROOM. BRIGHT AND SUNNY UNIT FACING SOUTH. GARAGE CLOSE BY. ASKING \$82,500 FOR MORE INFORMATION OR TO SEE THIS HOME CALL CLIFF AT 708-267-0758

FOR MORE INFORMATION ON THIS HOME OR OTHER CRESTWOOD PROPERTIES FOR SALE NOW, CALL CLIFF AT 708-267-0758

I will honor Christmas in my heart, and try to keep it all the year. — *Charles Dickens*

To the wonderful people of Crestwood and Malea Stubitsch:

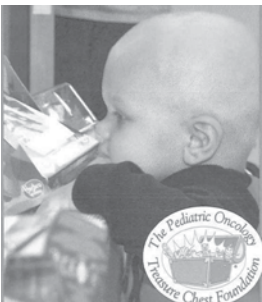
On behalf of the children and teens we serve who are courageously fighting cancer nationwide, I want to thank you for organizing a successful toy drive to benefit the Pediatric Oncology Treasure Chest Foundation.

Collecting toys is the bread and butter of the Treasure Chest Foundation, an ongoing process representing our main objective throughout the year. Toy drives take on added importance at this holiday time of year and are critical for building momentum as we make plans to expand the number of children’s cancer treatment centers we are able to serve.

Your gift of toys will enable us to not only continue monthly support for 9,000 children and teens undergoing treatment for cancer in 48 hospitals and treatment centers nationwide, but to realistically pursue our dream of one day being able to reward every child and teen battling cancer with a toy or gift card.

Again, we truly appreciate your giving to the children and teens who directly benefit from the Foundation’s work. Your generosity is certain to put big smiles on the faces of young people currently faced with the challenge of battling cancer. And as Charles Dickens suggested, we hope that you too will plan to keep the Christmas spirit in your heart throughout the coming year.

Sincerely and with gratitude,
Jane Perchez | Administrative Assistant



Dear Friends,

This proud mom says “Thank You” for remembering Cathy and Alison! As you know, the Treasure Chest Foundation is my heart! It made me come alive again after losing my daughters. Because of your generous donations, each child or teen will have a smile on their face every time they choose a toy or gift card from “The Treasure Chest.” Great job everyone!

Love and Hugs, Mom

February Adult Programs at Crestwood Public Library

10 Things Everyone Should Know about Planning a Funeral Service

During this 1 hour seminar provided by Dignity Memorial, you will learn some important information to help you make informed decisions about final arrangement planning before your time of need. Monday, February 9th 6:00 PM Please register.

Book Discussion Group

Do you like to talk about the books you read? Then join our monthly book discussion group. This group reads a variety of fiction and nonfiction books and meets the first Wednesday of each month at 6:00. Fabraury Meeting : Feb. 4, 2015

Adult Computer Class

Need some one-on-one practice with your computer skills? Sign up for a 45 minute session with one of our librarians on select Fridays during the month! Please call for available times and topics.

Did you get a new Kindle, Nook, or iPad for Christmas?

We've got TWO eBook databases for you to explore with lots of bestsellers and old favorites to choose from. And best of all? It's free and there are no late fees! To learn more about eRead Illinois and Media on Demand, visit our website today!

www.crestwoodlibrary.org

e-magazines are here!

e-magazines are now available on our website through Zinio

Have an event you would like to commemorate coming up?

Why not mark the occasion with a book on our library mural book shelf? What a great way to support our library too! Books on our Library Mural are available for purchase starting at \$25.00. All proceeds go to support the library general fund.

Remember to visit our website: www.crestwoodlibrary.org or call 708-371-4090 for all program details

February Events at Crestwood Public Library

Youth Programs

Read with Olaf- Winter Reading Program

Kids grades Pre-K-8, are you reading at school for Six Flags tickets, or other rewards? Why not join our Winter Reading and win more prizes. This year we will Read with Olaf . Complete the reading chart and receive your ticket for fabulous prizes. Including gift cards, prize baskets, water park passes, and Wolves Hockey Tickets. Winter Reading Dates- January 26-February 27, 2015. Register at Front Desk beg. Jan. 23, 2015

Bring your Child to the Library Day - February 7, 2015!

Celebrate the library with us on this special day. Join us for drop in crafts, show your library card raffle, give-a-ways, and a puppet show.

Performer: Melikin Puppets

In this captivating and interactive puppet show , the Melikin Puppets presents Slightly Fractured fairy Tales Saturday, February 7 at 1:00pm. Tickets for this one hour show are free for all ages and available at the Front Desk.

Art Club

Kids grade 2-4 will meet once a month to make an art project using different types of art. February art will be puzzle piece art. Thursday, February 5, 4:00-5:00pm

Pajama Time

Children 4-10 come dressed in your PJs to hear stories and make a craft. Tues., Feb. 17, 6:00-7:00pm Space limited to 15 February Theme: Dinosaurs

February Book Buddies

Children ages 3-6 can spend time with a Shepard High School student reading books and making a small craft. Cost is free February Date: Feb. 25, 2015 from 6:00-7:00pm

Wiggle Worms

Share stories, activities, and a craft with children ages 2-3 . Adult must attend with child. February Date; Tues Feb. 10 at 6:00-6:30pm

S.T.E.M. Science Club

Children in grades K-4 will learn about Birds and Bird Watching. Thurs. Feb. 12, Grades K-4 @ 4:00pm \$2.00/child. Space limited to 15 children per class.

Tween Club

Twens grades 3-6 join us this month for perler bead crafts. Thursday, Feb. 26 at 4:00pm

After School Club

Kids K-2 come join us fo the Chinese New Year! Thurs. Feb., 19, 2015 4:00-5:00pm Please Register.

Chess Club

Have you wanted to learn to play chess, need some practice, or just want to play the game? This session of Chess Club for Grades 1-10. runs until February 28 at 12:30pm. Registration Required

Family Movie Night!

Bring the family to the movies at the library for popcorn and a movie. Tuesday, February 24 at 5:30pm Movie: Alexander and the Terrible, Horrible, No Good, Very Bad Day!

Registration Required for all programs. Call 708-371-4090 for details.

Crestwood Library Furthers STEM Education

To give children more experience with science, technology, engineering and math (STEM), the Crestwood Public Library has offered a program after school for the past few years. Debbie Fisher of the library’s Youth Services and Emily Kenny of Multidisciplinary Education for the Environment have led the program activities. Children from kindergarten to fourth grade partake in the once-a-month enrichment activities about topics such as magnets, chemical reactions, and, in the latest class, gravity. The children get to suggest ideas for projects. It’s a good reminder of what’s learned in school, Fisher suggested. “It’s more hands-on than textbooks, so it’s more fun,” Fisher said. On January 15th, the STEM club created marble mazes to learn about gravity and Sir Isaac Newton’s discoveries. They enjoyed gluing straws to paper maze designs to create a tangible example of how things — marbles in this case — move. Asked what they liked best about the club, they said unanimously, “Making stuff!” Fisher said the library is also requesting donations of LEGO sets for the LEGO Club. To learn more about the library’s clubs and for upcoming dates, visit crestwoodlibrary.org/news-events/lib-cal or call **708-371-4090**.

STEM club participants created marble mazes on January 15th with Debbie Fisher of Crestwood Public Library's Youth Services. Left to right: Jacob, age 6; Emily, age 7; Christopher, age 7; Tarryn, age 5; Debbie Fisher.

Crestwood Library Keeps Pace with Digital Circulation Services

As the digital age progresses, media must continue to evolve and adapt, and magazines are no exception. To that end, the Crestwood Public Library offers Zinio, a free service that enables library cardholders to read magazines online.

Katelyn Conerty Salem, Adult Services assistant at Crestwood Public Library, said that Zinio provides access to a variety of magazines — even interactive ones such as National Geographic, which has videos. Magazines currently offered range from Kiplinger’s Personal Finance to Discover and Good Housekeeping. They can be read online using the Zinio app on a computer, smartphone or tablet. Once a user downloads the magazine issue, he or she can keep the copy permanently. There is no limit on how many magazines the user can download.

The library, Conerty Salem said, is trying to be more and more convenient for patrons. “We wanted to have that option for everyone to use.... Having digital magazines is another way to provide resources. Users are able to have the magazines instantly and indefinitely.”

Crestwood’s library has had Zinio since early 2014. The library also has e-books through the Media On Demand and eRead Illinois programs. “We like to expand the collection so we would definitely like to know what people would like us to add.”

Users of Crestwood Public Library’s Zinio service must be Crestwood library cardholders. To sign up for a library card, visit the library, located at 4955 W. 135th Street. Learn more about Zinio at crestwoodlibrary.org/adult-services/resources/zinio.html. Contact Conerty Salem at the library at **708-371-4090** or conertyk@crestwoodlibrary.org with requests for other magazines or e-books.


Quick Fixes: *Creative Uses for Baking Soda*

A lot of household products have more than one function. Baking soda is a great example. Here are some household uses for baking soda from the Old Farmer’s Almanac, almanac.com, you may never have considered.

- Keep your rubber gloves dry and smelling good by sprinkling baking soda inside them. They’ll slip on more easily too!
- Soak toothbrushes in baking soda and warm water overnight to clean the bristles.
- Clean your refrigerator with a solution of one-teaspoon baking soda to one quart of warm water.
- Sprinkling baking soda on your front steps will provide traction and melt the ice. Unlike rock salt, kitty litter or sand, it won’t damage outdoor or indoor surfaces, or shoes.

- Know the needs of your specific pet. A bird, a ferret, a bearded dragon and a dog all have very different physical, emotional and nutritional needs.
- Research the best diet for your pet's individual nutritional needs, and feed your pet the highest-quality food that you can afford.
- Know what mental stimuli your pet needs to thrive. For example, most dogs need lots of mental stimulation as well as physical exercise, while cats may need safe hiding spaces and elevated rest spots in the home to feel more enriched.
- Visit your veterinarian at least once a year. Even if our pets aren't feeling ill, the doctor can detect subtle changes in their bodies through an examination and routine bloodwork to catch a disease in the early stages while it's still manageable.
- Always keep a name tag, microchip — make sure it's up to date! — or some sort of identification on your pet. Even if your pet would never run away, you never know if an emergency or disaster might cause your pet to flee for safety.
- Bond with your pet through play. All animals like to play, and every opportunity to do so can be a learning experience, an energy outlet, and a way to provide mental stimulation.
- Train your dog to have good manners. A dog who behaves is more likely to keep safe and out of the shelter.
- Spay and neuter your pets at an appropriate age. It will help to control the daunting pet overpopulation, as well as prevent certain gender-

- Learn from your pet. Animals tend to live in the moment, forgive willingly, and love unconditionally — traits we all can do better at trying to achieve.
- Keep your pet clean and regularly groomed. This is not only for vanity purposes; it also helps to maintain health and happiness. Trimmed nails are important for posture and gait, and a clean coat and skin reduce the possibility of infections.
- Maintain your pet's proper oral health. Not only will her breath be fresh and kissable, her whole body will benefit. (February is also Pet Dental Health Month!)
- Keep your pet at its proper weight. Obese pets aren't cute and can be predisposed to many diseases just like their human counterparts, such as arthritis and diabetes.
- Keep poisons away from your pets. Pets and antifreeze don't mix, and some common house and garden plants are very poisonous to pets. If you are unsure, check the ASPCA website at www.aspc.org.
- Each month, perform a home wellness check. Are his eyes clear? Any new lumps or bumps? Ears clean and fresh?
- Keep a home first-aid kit for your pet, including a species-approved pain reliever, bandages, antiseptic cleaner, styptic, etc.
- Have a plan for your pet in the event of your death. Write it down and let your friends and family know your wishes.
- Minimize toxins in your home and garden. Choose natural cleaners. Don't smoke in the vicinity of your pets, and reduce the use of lawn chemicals. All of these are proven hazards that elevate the risk for cancer in your pet.



Carter G. Woodson



BINGO

EVERY MONDAY NIGHT

14611 S. Keeler, Midlothian, IL • (708) 388-8190

Doors Open at 5:00pm Early Bird Game at 6:30pm

3 PROGRESSIVE JACKPOT SPECIALS

REGULAR BINGO STARTS AT 7:00PM

<p>Regular Game \$125</p> <p>Small Picture Frame \$150</p> <p>Regular Game \$125</p> <p>Number 7 \$125</p> <p>4 Corner Postage Stamp \$300</p>	<p>Regular Game \$125</p> <p>Letter X \$150</p> <p>Regular Game \$125</p> <p>All B's" and O's \$125</p> <p>Coverall \$500</p>
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PULL TABS
One 10 Game Book - \$12
PULL TABS

Bingo Computers starting at \$15*

*must buy one 10 game book to purchase Bingo Computer
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CONCESSION STAND
OPENS AT 5:30


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BEER & WINE
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Fun & Entertainment

*Sudoku and Crossword Answers appear in next issue

FREE CLASSIFIED ADVERTISING FOR CRESTWOOD RESIDENTS!

CRESTWOOD RESIDENTS are invited to place free advertisements in the Crestwood Adviser. Free classified ads are offered to Village of Crestwood residents only and are limited to 20 words or less and can include information related to the following items:

- Garage Sales
- Lost and Found
- Large Appliances
- Automobiles
- Motorcycles
- Boats and Trailers

NON-RESIDENTS AND AREA BUSINESSES can place classified advertisements for goods and services for just \$5.00 for twenty words under the following categories:

- Garage Sales
- Appliance and Electronics Sales
- Transportation (Cars, Boats, Motorcycles)
- Homes for Sale or Rent
- Apartments for Sale or Rent
- Employment Openings
- Jobs Wanted

To place your classified ad call 708-293-1430

CLASSIFIEDS

CONDO FOR SALE
2 bedroom, 1 Bath, 2nd Floor w/balcony & pool. Plenty of closet space. No Pets, No smoking. Quiet building. Reduced Price - \$55,000. Call Cindy at (773) 203-0089.

FOR SALE
American Girl Doll. "Julie" and "Thumbelina" Doll Special Edition. New in Box. Julie \$70.00, Thumbelina \$60.00. Call Marilyn at (708) 371-0619.

FOR SALE
1994 Dutchman vacation trailer needs repairs. Best offer. For more detail call Ann or Joe at (708) 597-0731.

ITEMS FOR SALE
Toledo scale, kitchen cabinets. Knaack pick-up truck. H.D. tool box. Baby crib. Safety cones. Wood entry door. Scaffolding marble vanity top/sink. For more detail call (708) 371-2755.

FOR SALE
Yamaha Clavinova Piano. Like brand new, asking \$1,000.00 If interested please call Kim at (708) 560-3542.

SUDOKU

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1 – 9, without repeating any.

1	4							
5		2			9	3		
	9	6	5					
			8				5	6
2				7				9
8	1				5			
					8	4	2	
			1	4		9		5
							1	7

January Sudoku Solution

8	1	3	6	7	2	4	5	9
5	7	4	9	8	3	6	1	2
2	9	6	5	1	4	3	7	8
9	3	2	8	5	6	1	4	7
7	6	1	4	3	9	8	2	5
4	8	5	7	2	1	9	6	3
6	2	9	3	4	5	7	8	1
1	4	8	2	9	7	5	3	6
3	5	7	1	6	8	2	9	4

January Crossword Solution

M	A	C	A	W		F	O	G	S		C	H	O	W
O	R	A	L	B		A	B	U	T		D	E	V	I
T	I	T	A	N		L	I	R	A		S	L	U	E
H	A	S	T		P	S	E	U	D	O		E	L	L
			E	R	I	E			I	R	O	N	E	D
H	O	L	D	U	P			H	U	B	S			
U	N	O		M	E	G	R	I	M		L	A	S	H
S	C	A	N			O	A	F			O	L	E	O
K	E	N	O		E	D	G	I	N	G		P	E	N
			R	E	P	S				O	O	L	O	N
C	O	S	M	O	S			H	O	V	E			
E	S	P		N	I	A	C	I	N		P	E	S	O
D	A	R	E		L	U	L	L		F	E	V	E	R
A	K	I	N		O	R	A	L		B	R	I	B	E
R	A	G	E		N	A	P	S		I	S	L	E	S

1	2	3	4			5	6	7			8	9	10	11	
12						13				14		15			
16						17						18			
	19				20				21		22				
26	27	28					29		30		31		32	33	34
35						36		37		38		39			
40					41		42				43		44		
45				46		47				48		49			
50					51		52		53		54				
					55		56		57		58				
	59	60					61		62				63	64	
65						66		67				68			69
70						71						72			
73							74					75			

ACROSS

- 1 National capital
- 5 Shun
- 8 What a cow does to cud
- 12 Lunge with sword
- 13 Removed the bones
- 15 Impolite
- 16 Kind
- 17 Finned mammal
- 18 Advise
- 19 Harmonize
- 21 Submissive
- 23 National emblem
- 25 Pop (plr.)
- 26 Chalkboard need
- 29 Compass point
- 31 Review
- 35 Played (2 wds.)
- 37 Thief's hideout
- 39 Be fond of
- 40 Goal
- 41 Molded
- 44 North American nation
- 45 Idiot
- 47 Gloomy

- 48 Clothing donner
- 50 Moses' mountain
- 52 River (Spanish)
- 54 Vigor
- 55 Fold-up bed
- 57 Singing group
- 59 Shared
- 62 Somewhat
- 65 Sego lily's bulb
- 66 Conspiracy
- 68 Chess piece
- 70 Evils
- 71 Brand of stick-like crackers
- 72 Leer at
- 73 Eye infection
- 74 South by east
- 75 Slow

DOWN

- 1 Often poetically
- 2 Soybean
- 3 Mouth parts
- 4 Pronoun
- 5 Cruise

- 6 Picnic pest
- 7 Require
- 8 Sailed
- 9 Cast
- 10 Verge
- 11 Bitty
- 13 Star Trek Automoton's
- 14 Let go
- 20 Ship's caulking
- 22 Automobile
- 24 Local
- 26 Cooks
- 27 National capital
- 28 Annex (2 wds.)
- 30 Snake like fish
- 32 What a judge holds
- 33 Afloat (2 wds.)
- 34 Jewel
- 36 Head motion
- 38 Recent
- 42 Directory (abbr.)
- 43 Monster
- 46 Milk ingredient
- 49 Military parachute into combat
- 51 Note of debt

- 53 Electric resistance
- 56 Sensitivity
- 58 Lubricates
- 59 Become runny
- 60 Opp. of pretty
- 61 Rules
- 63 Company symbol
- 64 Egg part
- 65 Sister for short
- 67 Shirt protector
- 69 Cay

Crestwood's very own ongoing strip,...

94 South by Jim McGreal



Crestwood Job Listings

Target – Fitting Room Operator/Team Member (Crestwood, Ill.)



Target seeks a Team Member who can maintain clean, great-looking fitting rooms while delivering excellent guest service and providing fast, fun and friendly sales floor support. The ideal candidate will be able to immediately identify and report any safety issues, answer guest and Team Member calls quickly and efficiently, and cross-train and work in other areas of the store as required. The ability to work independently is a must, as are good organizational skills and a willingness to handle all product as necessary to ensure that guest service needs are met. Maintaining of brand standards in the fitting room is also paramount. Benefits include competitive pay, flexible hours and a Target merchandise discount. Seek the position and location on Indeed.com to apply.

MetroSouth Medical Center – Health Information Management Technician (Blue Island, Ill.)



MetroSouth Medical Center seeks a Health Information Management Technician to assist with the organization and evaluation of patient medical records. The candidate will review medical records for accuracy and completeness, and maintain responsibility for filing and retrieval of medical records. Adherence to instructions and pre-established guidelines in the performance of this job is essential, and the candidate will work under immediate supervision, typically reporting to a manager or supervisor. The ideal candidate will have a high school diploma or GED equivalent, 0-2 years of related experience, basic computer knowledge and skills, and an ability to multitask. Knowledge of the Microsoft Office suite of applications and experience with HIM applications and/or Cerner electronic health records preferred. To apply, seek the position and location on Indeed.com.

The Brazen Head

Over \$200,000.00 dollars won last month!!*

Video Gaming, Poker Machines, Penny, Quarter Slots & Video Poker.

SLOT MACHINES

*Based on Illinois gaming data in 2014 at this location.

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www.brazenheadbar.com

Article Suggestions

Crestwood Adviser welcomes suggestions for articles — stories about residents, local events, random acts of kindness, and more! Please let us know what you think should be covered in your Village newspaper by emailing us at info@crestwoodadviser.com, calling Fanning Communications at **708-293-1430**, or bringing a hard-copy submission to the Village Hall at 13840 S. Cicero Avenue.

Mary’s Movie Review: The Hobbit: The Battle of the Five Armies | 144 minutes, PG-13



Director Peter Jackson’s *The Hobbit: The Battle of the Five Armies* brings the recent *Hobbit* film series to a captivating close. The dwarves, elves and men are about to fight each other for treasure and valued resources at the Lonely Mountain, while, unbeknownst to them, an army of orcs, wargs, trolls and bats approaches, intent on destroying them all. The beloved Gandalf (Ian McKellen) and Bilbo Baggins (Martin Freeman) aid in uniting the disputing, meager armies so they can stand a chance against their new foes. This mesmerizing film shows the power achieved when good people (or forces in this case) set aside their differences and unite against evil. I think the film’s themes of forgiveness, tolerance and courage are a great reminder of what’s truly important in life, and it was a fun movie to see because of its fantastical, legendary nature.

Village of Crestwood T-Ball

Mayor Lou Presta wants every child who lives in Crestwood to have the opportunity to play T-Ball and Baseball this upcoming summer. To help make this happen, the Mayor is offering T-Ball and Baseball for **FREE** to every Crestwood youngster for the 2015 season!

Crestwood T-Ball

Ages: Boys and Girls:
5 years through 7 years old

Cost: FREE for Crestwood Residents
\$25.00 for Non-Residents

Season: Season runs late-April until mid-June.

Volunteer coaches are needed for both Crestwood T-Ball and Crestwood Baseball—2015 season.

Crestwood Baseball

<u>Ages:</u>	<u>Divisions:</u>
7-8 years	Pinto (Coach Pitch)
9-10 years	Mustang
11-12 years	Bronco
13-14 years	Pony

Cost: FREE for Crestwood Residents
\$150.00 for Non-Residents

Season: Season runs mid-April until mid-July.

Register now at the Crestwood Rec & Wellness Center.

FOR MORE INFORMATION ABOUT THE 2015 SEASON CONTACT THE:

Crestwood Rec & Wellness Center
5331 W. 135th Street
Crestwood, IL 60445
www.crestwoodbaseball.com
708-371-4800, ext. 2014

In-Person Registration

Tuesday, February 10
6:30 to 8:00 PM
at the
Crestwood Recreation & Wellness Center

SPORTS

Crestwood Recreation & Wellness Center (CRWC) The CRWC Hosted Its Own Winter Classic in January



The Crestwood Recreation & Wellness Center (CRWC) hosted its own Winter Classic in January. No, the CRWC’s parking lot was not transformed into an ice rink. However, indoors at the rec center, several local schools squared off against each other in the annual Winter Classic Girls Volleyball Tournament. The following schools participated in this fun, weeklong event: Incarnation, St. Christopher, St. Germaine, St. Catherine, St. Joe’s, Mt. Greenwood, IJP, Cassell, St. Christina, St. Patricia, St. Linus, MHR and Marsh.

In the 5th-grade division, the Incarnation team won the tournament and took home the 1st-Place trophy. The team is coached by Cindy Masias and Kim Rizzo, both from Crestwood.

In the 6th-grade division, the St. Patricia team took home 1st Place. And in the 8th grade division, the team from Marsh took home the 1st place trophy.

Cindy Masias, Crestwood resident and one of the 5th-grade coaches from Incarnation School said,

“the staff at the Crestwood Rec Center host a very well-organized tournament. This tournament draws teams from all over the southland region. Our girls are able to face talent that they may not otherwise see during league play. The girls really enjoy playing this tournament as well. They like that they have the chance to be chosen to participate in the All-Star Game. This affords them the opportunity to play with the girls they don’t usually play against.”

Jessica Masias, of Crestwood who plays on the Incarnation 5th-grade team said, “I like playing at the rec center because the courts are bigger and the ceilings are higher than at the other facilities.” Caleigh Hill of Crestwood, who also plays on the Incarnation 5th-grade team, said, “I like the tournaments because we play game after game, and we get to play a lot of different teams during the week.”

It was an excellent tournament with great sportsmanship and top-notch competition. Congrats to all the teams!

More pictures of the tournament can be found on the CRWC’s Facebook page; www.facebook.com/CRWC1. For more information on the CRWC and their programs, log on to www.CrestwoodFitness.com.



Incarnation 5th-grade girls volleyball team coaches and their daughters: Back row, left to right: Coaches Kim Rizzo and Cindy Masias; front row, left to right: Leah Rizzo and Jessica Masias.

St. Jude Knights Hockey Club Brings Girls Together



The St. Jude Knights girls U12 team dominated at the PonyTail Classic tournament in November 2014.

The St. Jude Knights Hockey Club, based in Crestwood’s Southwest Ice Arena, has made a breakaway through its year-old girls hockey program. Girls Program Director Jackie Wedster-Kooistra has coached with the St. Jude Knights for three years and started a girls team that participates in the Northern Illinois Hockey League. The St. Jude Knights is the only organization on the South Side with a girls team apart from Orland Park’s 14U Vikings team, so the St. Jude Knights’ 12U team plays against teams from the Northwest Suburbs, such as Winnetka and Glenview. Jackie said the teams were established about 10 years ago, so “they’re great competition.”

To play Triple-A when she was little, Jackie’s family had to pay more than \$5,000/season. At that time, Jackie’s parents had to drive 1 ½ hours through traffic to Woodridge for Jackie to play on a peewee team. Eventually, Jackie wanted South Side girls to be able to enjoy the atmosphere of playing with girls at a high competitive level, but without having to travel so far.

“People have just been so great with the idea of building the program,” Jackie says of the enthusiastic response she’s received since starting the girls program at St. Jude Knights last spring. “I feel like everyone on the South Side wants to see it succeed.”

About 80 girls came out to a Girls Try Hockey Free Day in October 2014, where they learned basic hockey skills and played a tournament. About 15 girls who participated that day joined the St. Jude Knights Learn to Skate and Learn to Play programs. The 12U team is now 16 strong, and interest continues to grow. The Southwest Ice Arena, for example, built a locker room for just

the girls a couple months ago. The hockey director and board members have daughters who play on the team. “They are definitely a huge influence on getting the team started,” Jackie says.

Maggie and Lily, two of the 11-year-old girls on the team, have enjoyed playing hockey for several years on coed teams but see a difference between playing coed and playing on a girls team. Maggie said, “I like the teamwork you have to put into it and the challenge of having to push yourself. ... My parents said I used to like to watch hockey on TV and so I got signed up.” She has skated since she was 2 and played since age 5.

Lily remarked, “It requires a lot of teamwork. It’s something that all different kinds of people can love, gets your adrenaline pumping. ... You don’t think [practices will] entertain you at first, but when you get there, it’s fun.”

The girls’ camaraderie is furthered by the opportunity to play together. Maggie said, “The girls team is open and they try to be as a team while the boys try to do it by themselves.” Lily added, “We pass more and have better friendships than we could have with the boys.” Jackie said the team is like a family. “We’re all going to be together for a long time.”

Jackie’s received the Blackhawks Coach of the Month award in November after the girls on the team nominated her through an essay application. The girls congratulated her by TP-ing her house and giving her cards and gifts. “I think I’m the first coach they can really relate to and look up to as a ‘big sister,’” she said. Jackie also keeps busy with skills coaching and off ice training for all the kids in the St. Jude Knights program as well as skills development for U18 and U16 girls teams for Team USA and evaluation of girls to play for Team USA. She is also going to try to start a 10U girls team in the spring and bring more players on. “I’m really trying to get these girls to a place where it’s normal for girls to play hockey”, She says. To join the program, call Jackie at **773-640-1133**. Learn more at **www.stjudehockey.org**.

Coach Jackie Wedster-Kooistra and her 3-year-old daughter “Little Coach” Emma, with the 1st-Place trophy at the PonyTail Classic tournament in November 2014.

